



# **An Overview of the Importance of Fogging Disinfection Method in the Healthcare Setups**

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## **Authors' contributions**

*This work was carried out in collaboration among all authors. All authors read and approved the final manuscript.*

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## **ABSTRACT**

The medical device industry is a critical sector that plays a vital role in healthcare delivery. Due to the nature of the work, medical device facilities are at risk of contamination from harmful microorganisms. Fogging is an essential method of disinfection that is used to eradicate pathogens and prevent the spread of infectious diseases in medical device facilities. This paper presents an overview of the importance of fogging in the medical device industry, highlighting the benefits of fogging as a disinfection method. The paper discusses the different disinfectants that can be used for fogging, and the equipment that is required for the process. The methods of preparation of disinfectants and the different machines that are used for fogging are also described. The paper highlights the importance of monitoring the environment after fogging to ensure the effectiveness of the disinfection process. Overall, the paper emphasizes the critical role of fogging in preventing the spread of infectious diseases in the medical device industry, ensuring the safety of both patients and healthcare professionals.

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## 1. INTRODUCTION

The medical device industry is a critical sector that plays a vital role in healthcare delivery. Medical devices are used in the diagnosis, treatment, and management of various diseases, and their proper functioning is critical for the safety and well-being of patients. Due to the nature of the work, medical device facilities are at risk of contamination from harmful microorganisms such as bacteria, viruses, and fungi. This contamination can lead to the spread of infectious diseases, affecting both patients and healthcare professionals [1,2]. Therefore, disinfection is essential to ensure the safety of medical devices and the people who use them.

Fogging is an effective method of disinfection that is widely used in the medical device industry. It involves the release of a fine mist of disinfectant into the air, which settles on all surfaces, eradicating pathogens and preventing the spread of infectious diseases. Fogging is particularly useful in areas that are difficult to reach with conventional cleaning methods, such as ceilings, walls, and equipment surfaces. This paper provides an overview of the importance of fogging in the medical device industry, highlighting the benefits of fogging as a disinfection method. The paper discusses the different disinfectants that can be used for fogging, the equipment required for the process, and the methods of preparation of disinfectants. The paper also highlights the importance of monitoring the environment after fogging to ensure the effectiveness of the disinfection process. Overall, the paper emphasizes the critical role of fogging in preventing the spread of infectious diseases in the medical device industry, ensuring the safety of both patients and healthcare professionals [3].

The spread of infectious diseases in healthcare settings is a significant concern, and medical device facilities are no exception. The use of disinfectants to eradicate harmful microorganisms and prevent the spread of infectious diseases is critical. However, conventional cleaning methods such as wiping and spraying may not reach all surfaces, leading to the survival and spread of pathogens. Fogging overcomes this challenge by producing a fine mist of disinfectant that can penetrate even the most challenging areas to reach, thereby

eradicating pathogens and preventing the spread of infectious diseases.

The choice of disinfectant used for fogging is essential to ensure the effectiveness of the process. Different disinfectants have varying modes of action and efficacy against different microorganisms. Some of the commonly used disinfectants for fogging in the medical device industry include hydrogen peroxide, quaternary ammonium compounds, and peracetic acid. The appropriate concentration of the disinfectant and the duration of exposure are also critical factors to ensure the effectiveness of the disinfection process.

The equipment used for fogging also plays a critical role in the effectiveness of the process. Various types of fogging machines are available, including thermal and ultra-low volume foggers. The choice of fogger depends on the size of the area to be disinfected and the type of disinfectant used.

Environmental monitoring after fogging is also essential to ensure the effectiveness of the disinfection process. This involves testing the environment for the presence of pathogens to ensure that the disinfection process has been effective. Monitoring can be done through microbiological testing, including air sampling and surface swabbing.

Therefore, fogging is an essential method of disinfection in the medical device industry, and its importance cannot be overstated. The use of fogging ensures the safety of both patients and healthcare professionals by eradicating pathogens and preventing the spread of infectious diseases. The choice of disinfectant, the equipment used for fogging, and the environmental monitoring after fogging are critical factors to ensure the effectiveness of the process [4,5].

### 1.1 Importance of Fogging in the Medical Device Industry

The medical device industry is highly regulated, and it is imperative to ensure that all medical devices and equipment are clean and free from contamination. The use of fogging in the medical device industry has many benefits, including:

### **Preventing Infections:**

Fogging is essential in preventing the spread of infection and disease in healthcare facilities. Medical devices and equipment that are contaminated can lead to the spread of infections among patients, which can be life-threatening. Fogging ensures that all surfaces are free from harmful pathogens, reducing the risk of infection and cross-contamination.

### **Improved Quality Control:**

Fogging is an important aspect of quality control in the medical device industry. It ensures that all medical devices and equipment are free from contamination, ensuring that they are safe and effective for use. The fogging process can be incorporated into the manufacturing process, ensuring that medical devices are clean and ready for use before they are shipped to healthcare facilities.

### **Increased Patient Safety:**

The use of fogging in the medical device industry ensures that all medical devices and equipment are safe for patient use. It reduces the risk of infection and contamination, providing a safe and hygienic environment for patients. Fogging is an essential component of infection prevention, ensuring that patients are not at risk of contracting infections during medical procedures.

### **Compliance with Regulatory Requirements:**

The medical device industry is highly regulated, and fogging is a critical component of compliance with regulatory requirements. Regulatory bodies such as the Food and Drug Administration (FDA) require that medical devices and equipment are free from contamination and are safe for patient use. Fogging ensures that all medical devices and equipment meet these requirements.

## **2. METHODS FOR FOGGING**

The method for fogging involves the following steps:

1. Choose the appropriate disinfectant solution for fogging. The solution should be effective in killing pathogens and should be safe for use on medical devices. A disinfectant should not only be effective in killing pathogens but also safe on

personnel, patients, medical devices besides being affordable and cost effective.

2. Ensure that the fogging device is calibrated correctly. The device should produce a fine mist or fog that can settle onto all surfaces in the room.
3. Before fogging, clean all surfaces thoroughly to remove any dirt or debris. The disinfectants' action may reduce because some of it may react chemically with dirt, debris and other materials. Dirt and debris may also increase the surface area for action which also reduces the disinfectants' effectiveness.
4. Close all doors and windows in the room to prevent the fog from escaping. The fog should be allowed to settle on all surfaces for a specified period, usually 15-30 minutes. After fogging, leave the room closed for an additional 15-30 minutes to increase the action time.
5. Ventilate the room by opening all doors and windows, and turn on any air conditioning or ventilation systems for the sake of inhabitants or personnel's safety.
6. After the room has been ventilated, clean all surfaces again to remove any residue from the disinfectant solution to prevent any possible future contamination on items.
7. Store the fogging device and disinfectant solution properly, following the manufacturer's instructions away from possible contamination of foods, food devices or other items.

## **3. VARIOUS DISINFECTANTS FOR FOGGING IN MEDICAL DEVICE INDUSTRY**

There are several types of disinfectants that can be used for fogging in the medical device industry. The choice of disinfectant will depend on the specific needs of the healthcare facility, the type of medical devices and equipment, and the pathogens that need to be eliminated. Some commonly used disinfectants for fogging in the medical device industry include:

1. Hydrogen peroxide: Hydrogen peroxide is a powerful disinfectant that is effective against a wide range of pathogens. It is often used for fogging in healthcare facilities, as it can kill bacteria, viruses, and fungi.

**Table 1. Disinfectant used in the Medical Device industry for Fogging**

Disinfectant	Effectiveness	Types of Pathogens	Suitable for
Hydrogen peroxide	High	Bacteria, viruses, fungi	Medical devices, equipment, and surfaces
"QACs,"	High	Bacteria, viruses	Medical devices, equipment, and surfaces
Chlorine dioxide	High	Bacteria, viruses, fungi	Medical devices, equipment, and surfaces
Sodium hypochlorite	High	Bacteria, viruses, fungi	Medical devices, equipment, and surfaces
Peracetic acid	High	Bacteria, viruses, fungi	Medical devices, equipment, and surfaces

2. Quaternary ammonium compounds: Quaternary ammonium compounds, or "QACs," are a group of disinfectants that are commonly used for fogging in the medical device industry. They are effective against a range of pathogens, including bacteria and viruses.
3. Chlorine dioxide: Chlorine dioxide is a strong oxidizing agent that is effective against a wide range of pathogens. It is often used for fogging in healthcare facilities, as it can kill bacteria, viruses, and fungi.
4. Sodium hypochlorite: Sodium hypochlorite, also known as bleach, is a common disinfectant that is effective against a range of pathogens. It is often used for fogging in healthcare facilities, as it can kill bacteria, viruses, and fungi.
5. Peracetic acid: Peracetic acid is a powerful disinfectant that is effective against a wide range of pathogens. It is often used for fogging in healthcare facilities, as it can kill bacteria, viruses, and fungi.

It is important to choose the appropriate disinfectant for fogging, as some disinfectants may not be suitable for use on certain types of medical devices or equipment [7]. It is also important to follow the manufacturer's instructions for the disinfectant solution to ensure that it is used safely and effectively as mentioned below in Table 1.

#### 4. HYDROGEN PEROXIDE AND SILVER NITRATE AS DISINFECTANT

1. Hydrogen peroxide: Hydrogen peroxide is a powerful oxidizing agent that is commonly used as a disinfectant for medical devices, surfaces, and equipment. It is effective against a wide range of pathogens, including bacteria, viruses, and

fungi. Hydrogen peroxide works by breaking down the cell walls and membranes of microorganisms, causing them to die. Hydrogen peroxide can be used in different concentrations for different applications, and it can be used alone or in combination with other disinfectants. It is important to follow the manufacturer's instructions for the specific concentration and application method.

2. Silver nitrate: Silver nitrate is a chemical compound that has antibacterial properties and is used as a disinfectant in the medical device industry. It works by releasing silver ions, which are toxic to microorganisms. Silver nitrate is effective against a wide range of pathogens, including bacteria, viruses, and fungi.

Silver nitrate can be used alone or in combination with other disinfectants, and it can be applied in different forms, including as a liquid or as a coated surface. It is important to follow the manufacturer's instructions for the specific application method.

Both hydrogen peroxide and silver nitrate are effective disinfectants for the medical device industry, and the choice of which one to use will depend on the specific application and the manufacturer's recommendations. It is important to always follow the manufacturer's instructions for the specific disinfectant being used [8]. The concentration of hydrogen peroxide silver nitrate should be 20% per . A 1000 cu.ft. area room is ready in 60 minutes with only 20% peroxide silver, for surface disinfectant 12% v/v solution.

Composition: (Each ml contains)

Active Ingredients: Hydrogen peroxide IP: 12%w/w.

Silver Nitrate IP: 0.01% w/w.

## 5. VARIOUS METHODS FOR PREPARATION OF DISINFECTANT

There are different methods for preparing disinfectant solutions for fogging in the medical device industry as mentioned in the Table.2. The choice of method will depend on the type of disinfectant and the equipment available. Here are some common methods for preparing disinfectant solutions for fogging:

1. Dilution method: This method involves diluting the disinfectant with water to the appropriate concentration. The dilution ratio will depend on the strength of the disinfectant and the level of contamination. The solution can then be poured into the fogging device for application.
2. Dispensing method: This method involves using a dispensing system to mix the disinfectant with water and dispense it into the fogging device. The system will automatically mix the disinfectant at the correct concentration for fogging.
3. Pre-packaged method: Some disinfectants come pre-packaged in individual packets or containers. These pre-packaged solutions can be added directly to the fogging device without the need for dilution or dispensing.
4. Automated method: Some fogging devices have an automated system for preparing disinfectant solutions. The device will automatically mix the disinfectant with

water to the correct concentration and dispense it into the fogging chamber.

It is important to follow the manufacturer's instructions for preparing disinfectant solutions to ensure that the solution is effective and safe for use. The concentration of the disinfectant solution will depend on the specific disinfectant being used and the level of contamination. It is also important to ensure that the disinfectant solution is mixed thoroughly before use to ensure even distribution of the disinfectant [8].

### 5.1 Machine used for Fogging Process

Both hydrogen peroxide and silver nitrate can be applied using fogging machines in the medical device industry. Here are some examples of fogging machines that can be used for applying disinfectants:

1. Thermal fogging machines: Thermal fogging machines create a fine mist by heating the disinfectant and releasing it as a fog. This method is useful for areas with a lot of hard-to-reach surfaces or for large areas.
2. Cold fogging machines: Cold fogging machines create a fine mist by using a high-pressure system to atomize the disinfectant. This method is useful for sensitive areas or for areas where heat may damage surfaces.

**Table 2. Methods for Preparation of Disinfectant**

Method	Description	Advantages	Disadvantages
Dilution method	Disinfectant is diluted with water to the appropriate concentration	Easy to perform, cost-effective	Requires accurate measurement and calculation of dilution ratio
Dispensing method	A dispensing system is used to mix the disinfectant with water and dispense it into the fogging device	Accurate and consistent mixing, no need for manual measurement	Requires an additional piece of equipment, may be more expensive
Pre-packaged method	Disinfectant comes pre-packaged in individual packets or containers	Easy to use, no need for dilution or dispensing	Limited options for disinfectant concentration, may be more expensive
Automated method	Fogging device has an automated system for preparing disinfectant solutions	Accurate and consistent mixing, no need for manual measurement	May be more expensive, requires a specific type of fogging device

**Table 3. Machines used for Fogging**

<b>Fogging Machine</b>	<b>Description</b>	<b>Advantages</b>	<b>Best for</b>
Thermal Fogging Machines	Heats the disinfectant and releases it as a fog	Useful for areas with hard-to-reach surfaces or large areas	Large areas, hard-to-reach surfaces
Cold Fogging Machines	Uses high-pressure to atomize the disinfectant	Useful for sensitive areas or areas where heat may damage surfaces	Sensitive areas, areas where heat may damage surfaces
Electrostatic Fogging Machines	Charges disinfectant particles with an electric charge, causing them to be attracted to surfaces	Ensures more even coverage and useful for areas with complex surfaces	Areas with complex surfaces, areas where thorough coverage is important

3. Electrostatic fogging machines: Electrostatic fogging machines charge the disinfectant particles with an electric charge, causing them to be attracted to surfaces and ensuring more even coverage. This method is useful for areas with a lot of complex surfaces or for areas where thorough coverage is important.

Different disinfectants may require different types of fogging machines or application methods as mentioned in Table 3. It is important to follow the manufacturer's instructions for both the disinfectant and the fogging machine to ensure proper application and effective disinfection [9-11].

## 6. METHOD OF ENVIRONMENT MONITORING AFTER FOGGING

After fogging, it is important to monitor the environment to ensure that the disinfectant has been effectively applied and that the environment is safe for use as mentioned below in Table.4. Here are some methods of environment monitoring after fogging in the medical device industry [12-14]:

1. Visual inspection: A simple visual inspection of the area can be done to ensure that all surfaces have been coated with the disinfectant. This is especially important in areas that are hard to reach or that may have complex surfaces.
2. Swab sampling: Swab sampling involves taking a sterile swab and wiping it over a

surface to collect any residual bacteria or other microorganisms. The swab can then be sent to a laboratory for analysis to determine if the area is free of microorganisms.

3. Air sampling: Air sampling involves taking an air sample from the environment and testing it for any remaining microorganisms. This is especially important in areas where airborne transmission of microorganisms is a concern.
4. ATP testing: ATP testing involves using a device to test for the presence of adenosine triphosphate (ATP), which is found in all living cells. This can be used as an indicator of the presence of bacteria or other microorganisms in the environment.
5. Settle plate monitoring is a method used to monitor the microbial contamination on surfaces in cleanrooms and other controlled environments. In this method, petri dishes filled with agar media are left open in the environment for a specified period, typically 4 hours, to allow for the settling of airborne particles and microorganisms onto the agar surface. The petri dishes are then incubated under appropriate conditions, and the resulting colonies are counted and identified.

It is important to follow the manufacturer's instructions for the specific disinfectant being used and to ensure that the environment is safe for use before allowing personnel to enter the area [15-18].

**Table 4. Methods for Environment Monitoring**

Monitoring Method	Description	Advantages	Best for
Visual Inspection	Simple visual inspection of the area to ensure all surfaces have been coated with the disinfectant	Quick and easy to perform	Areas with accessible and visible surfaces
Swab Sampling	Collecting a sterile swab of a surface and testing it for residual bacteria or other microorganisms	More accurate than visual inspection	Areas where surface contamination is a concern
Air Sampling	Taking an air sample from the environment and testing it for microorganisms	Useful for areas where airborne transmission is a concern	Areas where airborne transmission is a concern
Settle Plate	Settling of airborne particles and microorganisms onto the agar surface and testing it for microorganisms	Quick and easy to perform	Areas with accessible and visible surfaces
ATP Testing	Testing for the presence of ATP, an indicator of the presence of bacteria or other microorganisms	Quick and easy to perform	Areas where a quick, initial assessment is needed

## 7. CONCLUSION

In conclusion, fogging is an important tool in the medical device industry for ensuring the cleanliness and safety of the production environment. By using fogging machines and appropriate disinfectants, manufacturers can effectively kill bacteria, viruses, and other microorganisms on surfaces and in the air. Fogging provides a more even coverage of surfaces than traditional cleaning methods and can be used in a variety of settings. However, fogging should not be used as a substitute for regular cleaning and disinfection practices. It is important to follow the manufacturer's instructions for both the disinfectant and the fogging machine and to perform environment monitoring after fogging to ensure that the disinfectant has been effectively applied and that the environment is safe for use. Overall, by utilizing fogging as a supplement to regular cleaning and disinfection practices, manufacturers can prevent contamination and produce high-quality medical devices.

## CONSENT AND ETHICAL APPROVAL

It is not applicable.

## COMPETING INTERESTS

Authors have declared that they have no known competing financial interests or non-financial

interests or personal relationships that could have appeared to influence the work reported in this paper.

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- played by contaminated surfaces in the transmission of nosocomial pathogens. *Infection Control and Hospital Epidemiology*. 2011;32(7):687-699.
7. Assess the area to be fogged: Determine the size of the area to be fogged and identify any sensitive equipment or areas that should not be treated with fogging agents.
  8. Choose a fogging agent: Select an appropriate disinfectant that is effective against the microorganisms present in the environment.
  9. Prepare the fogging equipment: Fill the fogging machine with the disinfectant and ensure that it is functioning properly.
  10. Close off the area: Close off the area to be fogged to prevent the disinfectant from spreading to other parts of the facility.
  11. Activate the fogging machine: Turn on the fogging machine and allow it to disperse the disinfectant into the air.
  12. Wait for the disinfectant to settle: Allow the disinfectant to settle on all surfaces for the recommended contact time.
  13. Ventilate the area: Open windows or use fans to ventilate the area and remove any remaining disinfectant fumes.
  14. Perform post-fogging environmental monitoring: Test the environment to ensure that the disinfection process was effective and that the environment is safe for use.
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