



Phytochemical Profiling of Aqueous Methanol Extract of *Terminalia bellirica* from Bokaro District of Jharkhand, India

**Navin Kumar Mahato ^a, Kalpana Prasad ^b
and Arun Kumar Roy Mahato ^{c*}**

^a Swami Sahjanand College, Chas, District-Bokaro, State-Jharkhand, India.

^b P.G. Department of Life Science, Binod Bihari Mahto Koyalanchal University, Dhanbad, Jharkhand, India.

^c K. B. College, Bermo, Bokaro, Jharkhand, India.

Authors' contributions

This work was carried out in collaboration among all authors. All authors read and approved the final manuscript.

Article Information

DOI: 10.9734/EJMP/2024/v35i21183

Open Peer Review History:

This journal follows the Advanced Open Peer Review policy. Identity of the Reviewers, Editor(s) and additional Reviewers, peer review comments, different versions of the manuscript, comments of the editors, etc are available here: <https://www.sdiarticle5.com/review-history/115408>

Original Research Article

Received: 02/02/2024

Accepted: 06/04/2024

Published: 12/04/2024

ABSTRACT

Plants are a vital source of medicine for human being from ancient times. Various plant parts are highly medicinal due to the presence of different bioactive compounds and secondary metabolites. Many of these compounds present in medicinal plants are unknown to the scientific community. *T. bellirica* is distributed in tropical parts of the world and is a known ethnomedicinal plant that is the reservoir of various bioactive compounds. The present investigated the bioactive and secondary metabolite present in the fruits of *T. bellirica* collected from the Bokaro district and has been analysed using Gas chromatography-Mass spectrometry analysis. The investigation found 55 compounds from the methanol extract of the fruit sample of *T. bellirica*. Among the recorded

*Corresponding author: E-mail: mahatoarun_zsi30@yahoo.com;

compounds, Pyrogallol is the major constituent with 85% area in the chromatogram, followed by 2,3-dihydro-3,5-dihydroxy-6-methyl-4H-pyran-4-one (DDMP) with 5% area, and the rest of the compounds are altogether 10% of the total. In conclusion, the present study recorded and highlighted a total of 55 bioactive compounds from the dry fruits and pericarp, which is more than a double of the compounds earlier known from the plant species. Further, among the recorded biochemical compounds, the concentration of Pyrogallol was alone more than 85% of the total compounds found from the methanol extract of the fruit sample of *T. bellirica*.

Keywords: Phytochemical; beheda; bioactive compounds; ethno-medicine; Bokaro.

1. INTRODUCTION

Plants are a vital natural source of medicine for the treatment and cure of various health problems of human beings as well as of a large number of animals. These medicines are used and practiced as ethnomedicine by human beings for a long time. Ethnomedicine is very common for rural people across the world and is mainly dominating in areas inhabiting indigenous communities. Among the ethnomedicines, Triphala is a famous ayurvedic formulation, commonly practiced and prescribed by healers/practitioners in India. Triphala is a combination of the plant parts of *Terminalia chebula* (black myrobalan), *Terminalia bellirica* (bastard myrobalan), and *Phyllanthus emblica* (emblic myrobalan or Indian gooseberry). It has been used as a laxative in chronic constipation, colon cleansing, digestion problems, and poor food assimilation [1-2].

Among the three plants used in the formulation of Triphala, *Terminalia chebula* and *Terminalia bellirica* are native and common plants of the Chhotanagpur parts of Jharkhand. *Terminalia bellirica*, commonly known as Beheda is a large deciduous tree belonging to the family Combretaceae. The fruit of *Terminalia bellirica* is used by local healers for curing various types of health problems.

T. bellirica is also widely used in Unani, Siddha, and Chinese systems of traditional medicine [3-5]. They have a range of pharmacological activities such as laxative, antioxidant, antidiabetic, analgesic, antiulcer, antifungal, antibacterial, anti-helminthic, anti-pyritic properties and anti-hypertensive activity through in-vitro and in-vivo studies [4-15]. The dried ripe fruit of *T. bellirica* is used against various health problems like hepatitis, bronchitis, asthma, dyspepsia, piles, cough, diarrhea, dropsy, leprosy, eye disease, scorpion-sting and as a hair tonic [4,5,15-16]. The fruits of *T. bellirica* have several ethnomedicinal uses by people and

have multiple medicinal properties identified by various reserachers from time to time [6,9,17-28].

The chemical composition of Triphala has been identified and described by various reserachers, while the chemical composition of *T. bellirica* has been investigated by various reserachers. The chemical compound groups viz. phenol, carbohydrate, protein, Alkaloid, anthraquinone glycoside, saponins, flavonoids, polysaccharides, Steroids, and Tannin were derived from the fruit of *T. bellirica* which are recorded from various reserachers' time to time [19,29-31]. Further, a total of 25 bioactive compounds/secondary metabolites derived from *T. bellirica* by various reserachers [32-37].

However, a detailed account of the phytochemicals present in the fruit of *T. bellirica* has been lacking. Therefore, this study was conducted to evaluate the chemical constituents of the *T. bellirica* collected from the forests of Bokaro district, Jharkhand.

2. MATERIALS AND METHODS

2.1 Study Area

The study was conducted on the ethnobotany among the indigenous communities of the Bokaro district of Jharkhand, India, which is located in the Chhotanagpur plateau and is one among the 25 Biotic Provinces of India which is under the Deccan peninsula Biogeographic Zone. Jharkhand is a tribal-dominated landscape in India and more than 70% of the rural people use ethnomedicine for treating common health problems.

2.2 Fruit Collection and Sample Preparation

The dry fruits of *Terminalia bellirica* (Beheda) falling in ground during ripening season were collected from the forests of Bokaro district, Jharkhand. From the dry fruit, seeds were

Table 1. GC-MS Analysis results of the *T. bellirica* fruit sample

Peak	R.Time	F.Time	Area	Area (%)	Height	Height (%)	A/H	Name
1	6.584	6.660	192496	0.05	57431	0.25	3.35	3-Furanmethanol
2	7.163	7.270	252085	0.07	60548	0.26	4.16	Ethanamine, 2-methoxy-N-(2-methoxyethyl)-N-methyl-
3	7.549	7.650	420259	0.12	75032	0.33	5.60	L-Lactic acid
4	7.706	7.855	384274	0.11	139726	0.61	2.75	Oxime-, methoxy-phenyl_
5	7.902	8.025	213426	0.06	58831	0.26	3.63	N-(n-Butoxymethyl) acrylamide
6	8.127	8.205	137681	0.04	46086	0.20	2.99	2-Cyclohexen-1-ol
7	8.250	8.350	527102	0.15	189663	0.83	2.78	1,2-Cyclopentanedione
8	9.009	9.140	951588	0.27	98634	0.43	9.65	2-Furancarboxaldehyde, 5-methyl-
9	9.755	9.825	1467079	0.41	630805	2.76	2.33	2,4-Dihydroxy-2,5-dimethyl-3(2H)-furan-3-one
10	9.862	9.945	205989	0.06	48393	0.21	4.26	Phenol
11	10.235	10.310	213278	0.06	45247	0.20	4.71	Triethylenediamine
12	10.338	10.425	119201	0.03	44420	0.19	2.68	[(2-Amino-3-hydroxypropanoyl) amino] acetic acid
13	10.915	10.975	121090	0.03	46653	0.20	2.60	2,5-Furandione, dihydro-3-methylene-
14	11.641	11.685	190762	0.05	78339	0.34	2.44	2-Thiazolamine, 4,5-dihydro-
15	11.741	11.885	788497	0.22	159581	0.70	4.94	[(2-Amino-3-hydroxypropanoyl) amino] acetic acid
16	12.197	12.250	797516	0.22	244787	1.07	3.26	Furaneol
17	12.519	12.570	131393	0.04	57688	0.25	2.28	Cyclotrisiloxane, hexamethyl-
18	12.768	12.800	353569	0.10	104572	0.46	3.38	3-Furancarboxylic acid
19	13.202	13.255	295852	0.08	39713	0.17	7.45	Octadecanoic acid, ethenyl ester
20	13.670	13.780	394856	0.11	67491	0.29	5.85	Maltol
21	14.032	14.095	356700	0.10	103771	0.45	3.44	4-Methylpentyl pentanoate #
22	14.335	14.490	2307845	0.64	485977	2.12	4.75	Ethanamine, N-ethyl-N-nitroso-
23	14.684	14.825	19083895	5.32	3513568	15.35	5.43	4H-Pyran-4-one, 2,3-dihydro-3,5-dihydroxy-6-methyl-
24	14.986	15.065	226648	0.06	79921	0.35	2.84	Dehydromevalonic lactone
25	15.428	15.485	500983	0.14	137006	0.60	3.66	Benzoic acid
26	15.821	15.940	922205	0.26	219904	0.96	4.19	4H-Pyran-4-one, 3,5-dihydroxy-2-methyl-
27	15.984	16.090	227154	0.06	59336	0.26	3.83	5-(Hydroxymethyl) dihydrofuran-2(3H)-one
28	16.362	16.545	1689621	0.47	316877	1.38	5.33	Catechol
29	16.602	16.710	1158399	0.32	286484	1.25	4.04	Dianhydromannitol
30	16.882	16.935	120140	0.03	39436	0.17	3.05	4-Vinylphenol
31	17.059	17.280	2012214	0.56	288301	1.26	6.98	5-Hydroxymethylfurfural
32	17.866	17.970	288057	0.08	85867	0.38	3.35	1,2-Benzenediol, 3-methoxy-

Peak	R.Time	F.Time	Area	Area (%)	Height	Height (%)	A/H	Name
33	18.443	18.580	934062	0.26	115721	0.51	8.07	1-Deoxy-d-arabitol
34	18.632	18.730	357656	0.10	75666	0.33	4.73	Hydroquinone
35	18.784	18.930	702348	0.20	238830	1.04	2.94	Cyclotetrasiloxane, octamethyl-
36	19.381	19.495	1387676	0.39	429737	1.88	3.23	Cyclotetrasiloxane, octamethyl-
37	19.765	19.915	106389	0.03	25323	0.11	4.20	1-(Methylthio)-3-pentanone
38	19.955	20.070	337637	0.09	71910	0.31	4.70	1H-Pyrazole-3-carboxylic acid, 1-methyl-
39	20.156	20.235	880809	0.25	195111	0.85	4.51	Decanoic acid, 3-methyl-
40	20.339	20.450	256359	0.07	65223	0.28	3.93	Glutaric acid, 1-naphthyl tridecyl ester
41	21.589	22.320	306431498	85.38	10466161	45.73	29.28	1,2,3-Benzenetriol
42	22.721	22.790	155034	0.04	43760	0.19	3.54	2-Propenoic acid, 3-phenyl-
43	24.047	24.120	444917	0.12	107575	0.47	4.14	Cyclopentasiloxane, decamethyl-
44	25.541	25.710	1432424	0.40	178124	0.78	8.04	Benzoic acid, 4-hydroxy-, pentyl ester
45	30.552	30.655	379208	0.11	55827	0.24	6.79	Ethyl gallate
46	31.655	31.810	1181083	0.33	260146	1.14	4.54	Nonylamine, N,N-di(allyl)-
47	31.859	31.930	195838	0.05	87536	0.38	2.24	Tetradecanoic acid
48	32.776	32.865	356091	0.10	102892	0.45	3.46	Succinic acid, 3-methylbut-2-en-1-yl 3-methoxyphenyl ester
49	34.546	34.650	3475355	0.97	1517	016	6.63	n-Hexadecanoic acid
50	36.051	36.135	303806	0.08	68814	0.30	4.41	3-Methoxy-5-oxo-6,7,8,9-tetrahydro-5H-benzo[7]annulen-2-yl acetate
51	37.120	37.160	164249	0.05	54504	0.24	3.01	9,12-Octadecadienoic acid (Z,Z)-
52	37.227	37.310	304319	0.08	83987	0.37	3.62	cis-9-Hexadecenal
53	37.691	37.805	1040363	0.29	309416	1.35	3.36	Octadecanoic acid
54	42.805	42.850	357346	0.10	176635	0.77	2.02	Hexadecanoic acid, 2-hydroxy-1-(hydroxymethyl)ethyl ester
55	44.739	44.805	195322	0.05	69290	0.30	2.82	Octadecanoic acid, 2,3-dihydroxypropyl ester
56	45.389	45.460	277271	0.08	104765	0.46	2.65	13-Docosenamide, (Z)-
57	45.767	45.815	190679	0.05	75117	0.33	2.54	Squalene
			358899593	100.00	22889174	100.00		

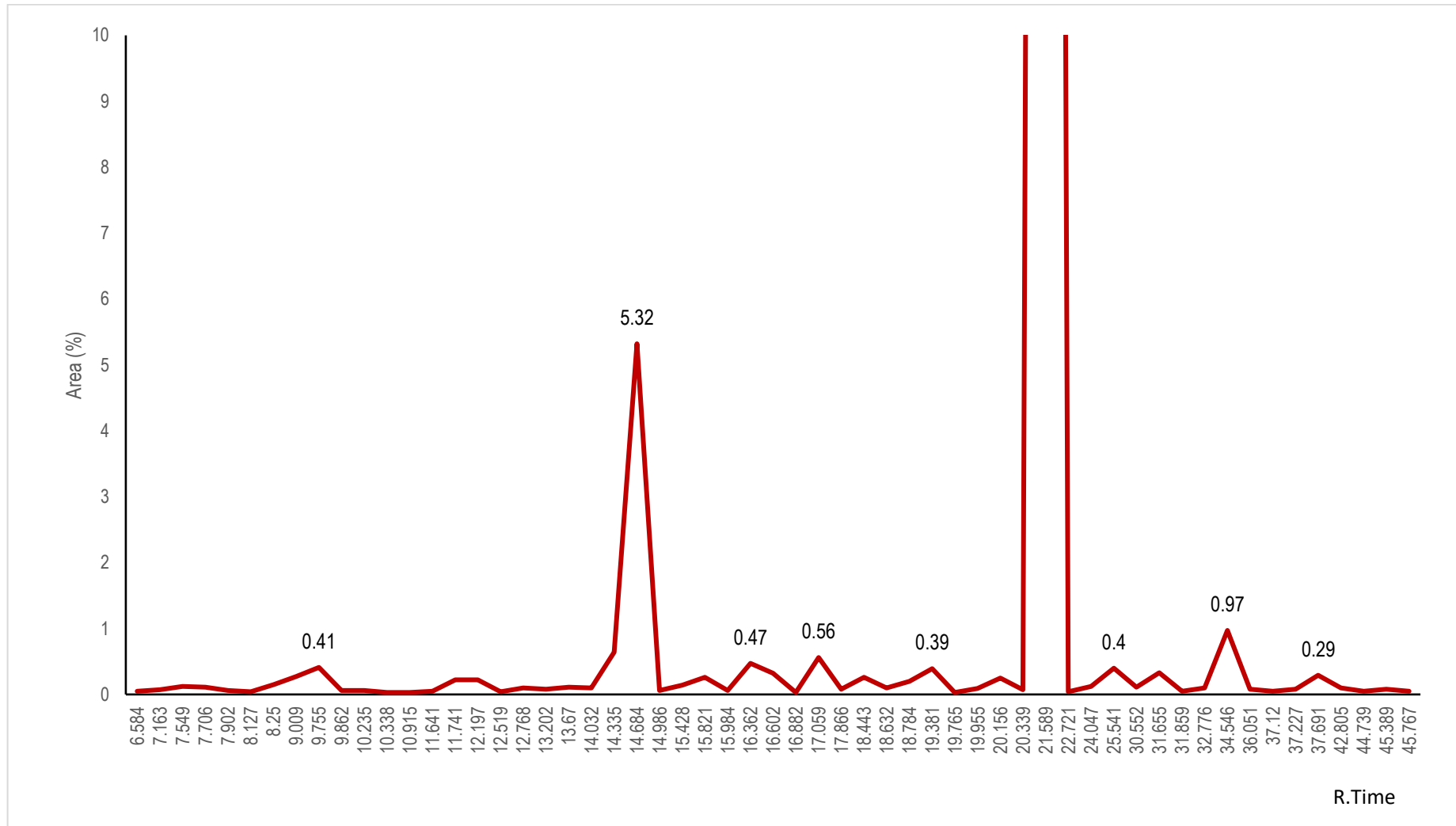
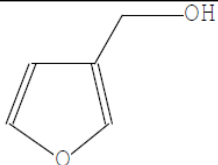
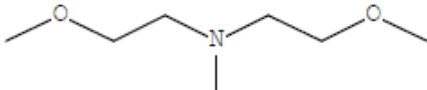
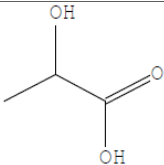
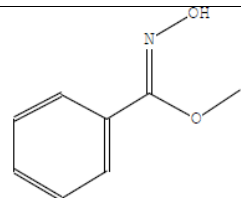
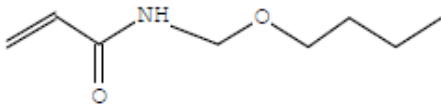
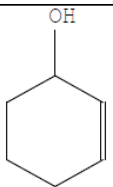
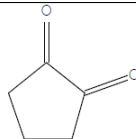
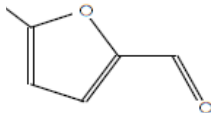
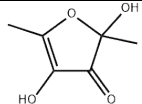
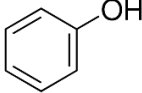
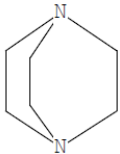

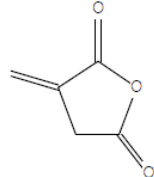
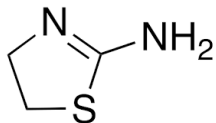
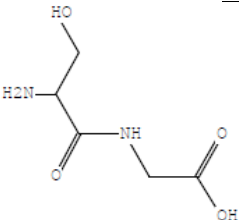
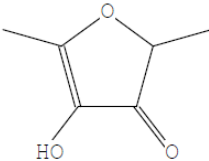
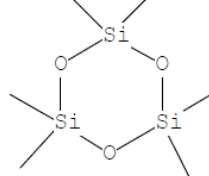
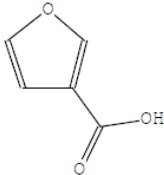
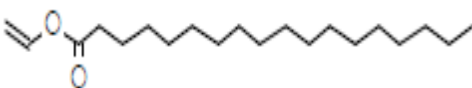


Fig. 1. GC-MS Chromatogram of fruits extract of *Terminalia Billerica*

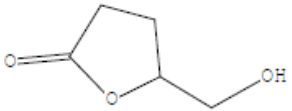
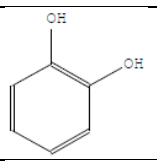
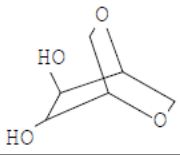
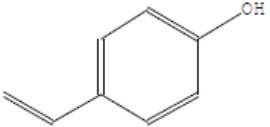
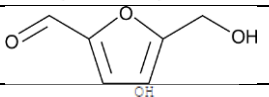
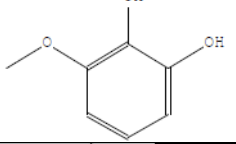
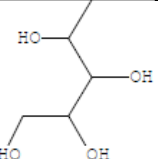
Table 2. Chemical compound and their composition recorded from the *T. bellirica* sample using GC-MS analysis

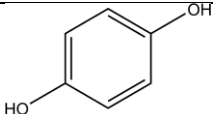
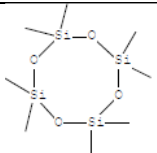
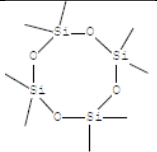
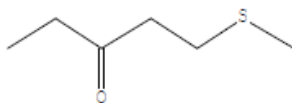
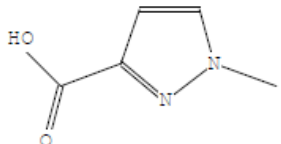
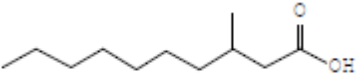
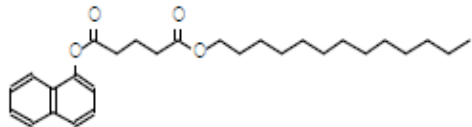
Peak	R.Time	Area%	Height%	Name of the compound	Chemical formula	Molecular structure
1	6.584	0.05	0.25	3-Furanmethanol	C ₅ H ₆ O ₂	
2	7.163	0.07	0.26	Ethanamine, 2-methoxy-N-(2-methoxyethyl)-N-methyl-	C ₇ H ₁₇ NO ₂	
3	7.549	0.12	0.33	L-Lactic acid	C ₃ H ₆ O ₃	
4	7.706	0.11	0.61	Oxime-, methoxy-phenyl_	C ₈ H ₉ NO ₂	
5	7.902	0.06	0.26	N-(n-Butoxymethyl) acrylamide	C ₈ H ₁₅ NO ₂	
6	8.127	0.04	0.20	2-Cyclohexen-1-ol	C ₆ H ₁₀ O	

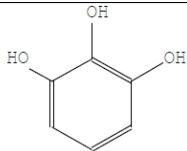
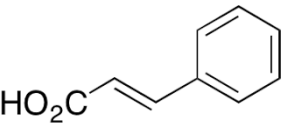
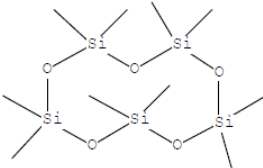
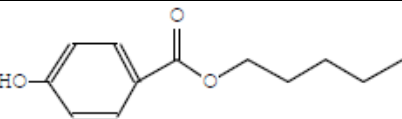
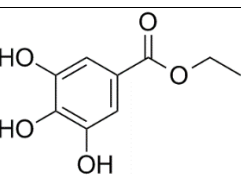
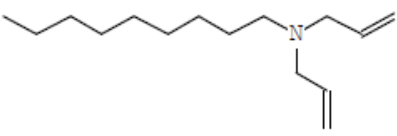
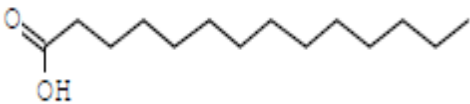
Peak	R.Time	Area%	Height%	Name of the compound	Chemical formula	Molecular structure
7	8.250	0.15	0.83	1,2-Cyclopentanedione	C ₅ H ₆ O ₂	
8	9.009	0.27	0.43	2-Furancarboxaldehyde, methyl-	C ₆ H ₆ O ₂	
9	9.755	0.41	2.76	2,4-Dihydroxy-2,5-dimethyl-3(2H)-furan-3-one	C ₆ H ₈ O ₄	
10	9.862	0.06	0.21	Phenol	C ₆ H ₆ O	
11	10.235	0.06	0.20	Triethylenediamine	C ₆ H ₁₂ N ₂	
12	10.338	0.03	0.19	[(2-Amino-3-hydroxypropanoyl) amino] acetic acid	C ₅ H ₁₀ N ₂ O ₄	
13	10.915	0.03	0.20	2,5-Furandione, dihydro-3-methylene-	C ₅ H ₄ O ₃	

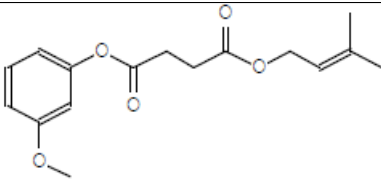
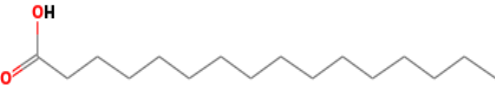
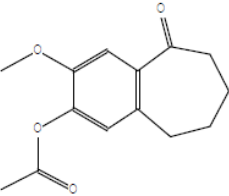
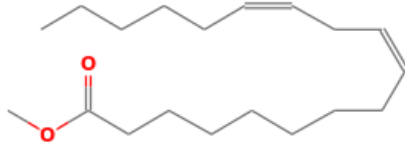
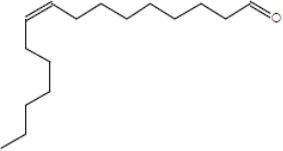
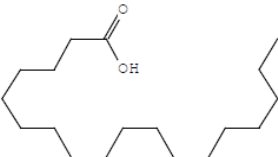
Peak	R.Time	Area%	Height%	Name of the compound	Chemical formula	Molecular structure
14	11.641	0.05	0.34	2-Thiazolamine, 4,5-dihydro-	C ₃ H ₆ N ₂ S	
15	11.741	0.22	0.70	[(2-Amino-3-hydroxypropanoyl) amino] acetic acid	C ₅ H ₁₀ N ₂ O ₄	
16	12.197	0.22	1.07	Furaneol	C ₆ H ₈ O ₃	
17	12.519	0.04	0.25	Cyclotrisiloxane, hexamethyl-	C ₆ H ₁₈ O ₃ Si ₃	
18	12.768	0.10	0.46	3-Furancarboxylic acid	C ₅ H ₄ O ₃	
19	13.202	0.08	0.17	Octadecanoic acid, ethenyl ester	C ₂₀ H ₃₈ O ₂	

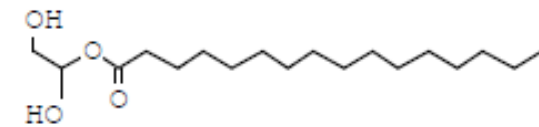
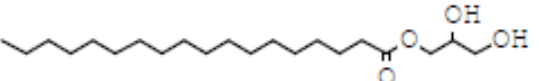
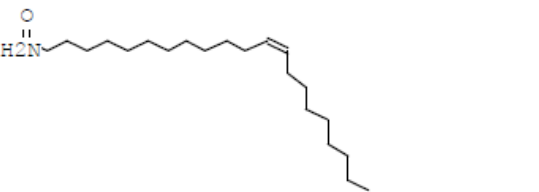
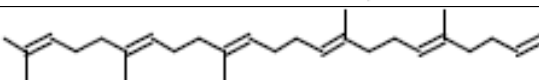
Peak	R.Time	Area%	Height%	Name of the compound	Chemical formula	Molecular structure
20	13.670	0.11	0.29	Maltol	C ₆ H ₆ O ₃	
21	14.032	0.10	0.45	4-Methylpentyl pentanoate	C ₁₁ H ₂₂ O ₂	
22	14.335	0.64	2.12	Ethanamine, N-ethyl-N-nitroso-	C ₄ H ₁₀ N ₂ O	
23	14.684	5.32	15.35	4H-Pyran-4-one, 2,3-dihydro-3,5-dihydroxy-6-methyl-	C ₆ H ₈ O ₄	
24	14.986	0.06	0.35	Dehydromevalonic lactone	C ₆ H ₈ O ₂	
25	15.428	0.14	0.60	Benzoic acid	C ₆ H ₇ O ₂	
26	15.821	0.26	0.96	4H-Pyran-4-one, 3,5-dihydroxy-2-methyl-	C ₆ H ₆ O ₄	

Peak	R.Time	Area%	Height%	Name of the compound	Chemical formula	Molecular structure
27	15.984	0.06	0.26	5-(Hydroxymethyl) dihydrofuran-2(3H)-one	C ₅ H ₈ O ₃	
28	16.362	0.47	1.38	Catechol	C ₆ H ₆ O ₂	
29	16.602	0.32	1.25	Dianhydromannitol	C ₆ H ₁₀ O ₄	
30	16.882	0.03	0.17	4-Vinylphenol	C ₈ H ₈ O	
31	17.059	0.56	1.26	5-Hydroxymethylfurfural	C ₆ H ₆ O ₃	
32	17.866	0.08	0.38	1,2-Benzenediol, 3-methoxy-	C ₇ H ₈ O ₃	
33	18.443	0.26	0.51	1-Deoxy-d-arabitol	C ₅ H ₁₂ O ₄	

Peak	R.Time	Area%	Height%	Name of the compound	Chemical formula	Molecular structure
34	18.632	0.10	0.33	Hydroquinone	C ₆ H ₆ O ₂	
35	18.784	0.20	1.04	Cyclotetrasiloxane, octamethyl-	C ₈ H ₂₄ O ₄ Si ₄	
36	19.381	0.39	1.88	Cyclotetrasiloxane, octamethyl-	C ₈ H ₂₄ O ₄ Si ₄	
37	19.765	0.03	0.11	1-(Methylthio)-3-pentanone	C ₆ H ₁₂ OS	
38	19.955	0.09	0.31	1H-Pyrazole-3-carboxylic acid, 1-methyl-	C ₅ H ₆ N ₂ O ₂	
39	20.156	0.25	0.85	Decanoic acid, 3-methyl-	C ₁₁ H ₂₂ O ₂	
40	20.339	0.07	0.28	Glutaric acid, 1-naphthyl tridecyl ester	C ₂₈ H ₄₀ O ₄	

Peak	R.Time	Area%	Height%	Name of the compound	Chemical formula	Molecular structure
41	21.589	85.38	45.73	1,2,3-Benzenetriol	C ₆ H ₆ O ₃	
42	22.721	0.04	0.19	2-Propenoic acid, 3-phenyl-	C ₉ H ₈ O ₂	
43	24.047	0.12	0.47	Cyclopentasiloxane, decamethyl-	C ₁₀ H ₃₀ O ₅ Si ₅	
44	25.541	0.40	0.78	Benzoic acid, 4-hydroxy-, pentyl ester	C ₁₂ H ₁₆ O ₃	
45	30.552	0.11	0.24	Ethyl gallate	C ₉ H ₁₀ O ₅	
46	31.655	0.33	1.14	Nonylamine, N,N-di(allyl)-	C ₁₅ H ₂₉ N	
47	31.859	0.05	0.38	Tetradecanoic acid	C ₁₄ H ₂₈ O ₂	

Peak	R.Time	Area%	Height%	Name of the compound	Chemical formula	Molecular structure
48	32.776	0.10	0.45	Succinic acid, 3-methylbut-2-en-1-yl 3-methoxyphenyl ester	C ₁₆ H ₂₀ O ₅	
49	34.546	0.97	016	n-Hexadecanoic acid	C ₁₆ H ₃₂ O ₂	
50	36.051	0.08	0.30	3-Methoxy-5-oxo-6,7,8,9-tetrahydro-5H-benzo[7]annulen-2-yl acetate	C ₁₄ H ₁₆ O ₄	
51	37.120	0.05	0.24	9,12-Octadecadienoic acid (Z,Z)-	C ₁₈ H ₃₂ O ₂	
52	37.227	0.08	0.37	cis-9-Hexadecenal	C ₁₆ H ₃₀ O	
53	37.691	0.29	1.35	Octadecanoic acid	C ₁₈ H ₃₆ O ₂	

Peak	R.Time	Area%	Height%	Name of the compound	Chemical formula	Molecular structure
54	42.805	0.10	0.77	Hexadecanoic acid, 2-hydroxy-1-(hydroxymethyl)ethyl ester	C ₁₉ H ₃₈ O ₄	
55	44.739	0.05	0.30	Octadecanoic acid, 2,3-dihydroxypropyl ester	C ₂₁ H ₄₂ O ₄	
56	45.389	0.08	0.46	13-Docosenamide, (Z)-	C ₂₂ H ₄₃ NO	
57	45.767	0.05	0.33	Squalene	C ₃₀ H ₅₀	
		100.00	100.00			

removed and the peri-carp of the fruit was dried and crushed it to powder form using an electric blender. A total of 2.5 gm of dried powder of the fruit was steeped in 25ml sterile distilled water with occasional shaking for two days and then filtered. The filtrate was simply subject to a rotary evaporator and then left overnight for drying.

2.3 Sample Analysis

The sample was dissolved in Methanol and injected in a GC-MS QP2010 model (Shimadzu®), Column, GC, SH-I-5Sil MS Capillary, 30m x 0.25mm x 0.25um, injection mode: Split less. The operating conditions of the GC-MS set for the analysis were as follows: oven temperature at 45 °C for 2 min then 140 °C at 5°C/ min and finally increased to 280 °C and held isothermally for 10 min. The sample injection was 2 µL and the carrier gas was helium at 1 mL/min. The ionization of the sample components was carried out at 70 eV. The running time of the GC was from 9.10 min – 52.0 min. NIST14.L library (2020) was then searched to compare the structures of the compounds with that of the NIST database. Compounds were then identified based on the retention times and mass spectra with already known compounds in the NIST library (C:\Database\NIST14.L). The activity of each bioactive compound derived from pericarp has been shown as GC-MS Chromatogram.

3. RESULTS AND DISCUSSION

The GC-MS analysis revealed a total of 55 phytochemicals found from the fruit sample of *T. bellirica* belonging to various types of chemical compounds such as phenol, flavonoid, terpenoid, etc (Table 1 and Table 2). Among the phytochemicals recorded from the fruit sample of *T. bellirica*, the concentration of 1,2,3-Benzenetriol is the highest which is alone 85% area of the total, followed by 4H-Pyran-4-one, 2,3-dihydro-3,5-dihydroxy-6-methyl- (5.32%), n-Hexadecanoic acid (0.97%), Ethanamine, N-ethyl-N-nitroso-(0.64%), 5-Hydroxymethylfurfural (0.56%), while rest of the concentration of phytochemicals are of less than 0.5% (Table-1 and Fig. 1). 1,2,3-Benzenetriol is commonly known as Pyrogallol which is a plant metabolite.

The chromatogram shown in Fig. 1 showed the R. Time of each of the phytochemicals present in the sample in which the R. Time peak of 1,2,3-Benzenetriol was on 21.59 minutes and of 4H-Pyran-4-one, 2,3-dihydro-3,5-dihydroxy-6-

methyl-on 14.68 minutes. Similarly, the highest area (%) and height (%) ratio were observed for 1,2,3-Benzenetriol (29.28), followed by 2-Furancarboxaldehyde, 5-methyl- (9.65), 1-Deoxy-d-arabitol (8.07), Benzoic acid, 4-hydroxy-pentyl ester (8.04) and Octadecanoic acid, ethenyl ester (7.45) (Table 1).

4. DISCUSSION

Triphala contains 177 bioactive compounds including 114 from *E. officinalis*, 25 from *T. bellirica* and rest of 63 from *T. chebula* respectively as per Universal Natural Product Database (UNPD). Bioactive such as chebulanin, ellagic acid, gallussaeure, 1,6-digalloyl-beta-d-glucopiranoside, methyl gallate, and tannic acid are common among the three plants [38].

A total of 50 compounds were recorded from the leaf extract of *T. bellirica* [39]. The present study revealed a total of 55 phytochemicals derived from the fruit sample of *T. bellirica*. The duke phytochemicals and ethnobotanical database showed a total of 27 phytochemicals observed by various authors [34, 40-42], while UNPD enlisted 25 bioactive compounds from the fruit and pericarp of *T. bellirica*. Among the recorded bioactive compounds and secondary metabolites from the methanol extract of fruits of *T. bellirica*, Pyrogallol was recorded in the highest concentration. It has a highly cytotoxic effect which was recorded on human lung cancer cell lines and less effect on human bronchial epithelium cell lines [43].

The other major phytochemical recorded from the sample was 4H-pyran-4-one,2,3-dihydro-3,5-dihydroxy-6-methyl- known as DDMP, has received much attention for its antifungal activity toward wood-degrading fungi of rubber wood [44]. Strong antioxidant activity of DDMP was also reported by many researchers [45-46].

5. CONCLUSION

T. bellirica is an important medicinal plant for the rural people and is one of the three constituents of Triphala. It is known for its use in the treatment of various health problems. Various bioactive or secondary metabolites present in the fruits of *T. bellirica* play important role in curing various health problems. Though Triphala contains 177 bioactive compounds in which only 25 bioactive compounds were recorded from the fruits of *T. bellirica*, the present study found 55 bioactive

compounds from the dry fruits and pericarp, which is more than double of the compounds known from the plant species earlier. Among the recorded compounds from the methanol extract of the fruit sample, the concentration of Pyrogallol was alone more than 85% of the total compounds found through GC-MS analysis. The bioactive compound derived and identified from the study can be used for extraction and preparation of useful medicine to curing various health problems in future using robust pharmaceutical technique.

CONSENT

It is not applicable.

ETHICAL APPROVAL

It is not applicable.

ACKNOWLEDGEMENTS

Authors are thankful to the Vice-Chancellor of the Binod Bohari Mahto Koyalanchal University, Dhanbad for his encouragement and support. Authors are also thankful to the faculties of the Department of Life Science for their support for the study. First author is thankful to Mr. Amulya Mahato of Sankhakuri village for his support during field studies. Authors are also thankful to the Cytogene lab, Lucknow for GCMS analysis of the fruit sample of *Terminalia bellirica*.

COMPETING INTERESTS

Authors have declared that no competing interests exist.

REFERENCES

1. Tariq M, Hussain SJ, Asif M, et al, Protective effects of fruits of extracts of *Emblica officinalis* Gaertn. and *Terminalia bellerica* Roxb. in experimental myocardial necrosis in rats. *Indian Journal of Experimental Biology*. 1977;15:485–486.
2. Thakur CP, Thakur BS, Singh PK, et al, The Ayurvedic medicines. haritaki, amla and bahira reduce cholesterol- induced atherosclerosis in rabbits. *International Journal of Cardiology*. 1988;21:167–175.
3. Saraswathi MN, Karthikeyan M, Kannan, et al, *Terminalia belerica* Roxb.–A phytopharmacological review. *International Journal on Research in Pharmaceutical Science*. 2012;3:96–99.
4. Kumar N, Khurana S, Paul M. Phytochemistry and medicinal potential of the *Terminalia bellirica* Roxb. (Bahera). *Indian J Nat Prod Res*. 2018; 9(2):97-107.
5. Sharma P, Verma KK, Raj H, et al, A review on ethnobotany, phytochemistry and pharmacology on *Terminalia belerica* (Bibhitaki). *Journal of Drug Delivery Therapy*. 2021;11(1):173-181. DOI: <http://dx.doi.org/10.22270/jddt.v11i1-s.4739>.
6. Elizabeth KM. Antimicrobial activity of *Terminalia bellirica*. *Indian Journal of Clinical Biochemistry*. 2005;20(2):150-153. Available:<https://doi.org/10.1007/BF02867416>
7. Sabu MC, Kuttan R. Antidiabetic and antioxidant activity of *Terminalia bellirica* Roxb. *Indian Journal of Experimental Biology*. 2009;47:270-275.
8. Khan AU, Gilani AH. Anti-secretory and analgesic activities of *Terminalia belerica*. *African Journal of Biotechnology*. 2010; 9:2717–29.
9. Guleria S, Tiku AK, Rana S. Antioxidant activity of acetone extract/fractions of *Terminalia bellirica* Roxb. Fruit. *Indian J Biochemistry and Biophysics*. 2010;47(2): 110-6.
10. Hazra B, Sarkar R, Biswas S, et al, Comparative study of the antioxidant and reactive oxygen species scavenging properties in the extracts of the fruits of *Terminalia chebula*, *Terminalia belerica* and *Emblica officinalis*. *BMC Complement Alternative Medicine*. 2010;10:20.
11. Shinde SL, Wadje SS, More SM, et al, The antifungal activity of five *Terminalia* species checked by paper disc method. *International Journal of Pharmaceutical Research and Development*. 2011;3:36–40.
12. Nampootheri SV, Binil SS, Prathapan A, et al, In vitro antioxidant activities of the methanol extract and its different solvent fractions obtained from the fruit pericarp of *Terminalia bellirica*. *Natural Product Research*. 2011;25:277–87.
13. Choudhary GP. Anti-ulcer activity of the ethanolic extract of *Terminalia belerica* Roxb. *International Journal Pharmaceutical Chemical Science*. 2012;1:1293–7.
14. Deb A, Barua S, Das B. Pharmacological activities of Baheda (*Terminalia bellirica*): a review. *Journal of Pharmacognosy and Photochemistry*. 2016;5:194–7.

15. Rashed K. Terminalia bellirica Roxb: an important medicinal plant: A review. South Asian Journal of Agriculture Science. 2021;1(2):102-105.
16. Chauhan B, Kumawat RC, Kotecha M, et al, Triphala: a comprehensive Ayurvedic review. International Journal of Research in Ayurveda and Pharmacology. 2013;4: 612–617.
17. Shukla S, Jadon A, Bhadauria M. Protective effect of Terminalia bellirica Roxb. and gallic acid against carbon tetra chloride induced damage in albino rats. Journal of Ethanopharmacology. 2006;109: 214-218.
18. Madani A, Jain SK. Anti-salmonella activity of Terminalia bellirica: in vitro and in vivo Studies. Indian Journal Experimental Biology. 2008;46:817-821.
19. Khan AU, Hassan A, Gilani AH. Pharmacodynamic evaluation of Terminalia bellirica for its anti-hypertensive effect. Journal Food Drug Analysis. 2008; 16:6-14.
20. Gilani AH, Khan AU, Ali T, et al, Antispasmodic and bronchodilatory properties of Terminalia belirica fruit. Journal Ethnopharmacology. 2008;116: 528-538.
21. Dinesh MG, Subbarayan R, Rallapalli S, et al, Kansraj C. Kalaivani R. Terminalia bellirica leaf extracts induce apoptosis in Hep G2 cells and regulates cell cycle progression by inducing G2/M cell cycle arrest. Indian Journal Research in Pharmacy and Biotechnology. 2014;2(1): 1044-1056.
22. Kumar B, Divakar K, Tiwari P, et al, Evaluation of anti-diarrhoeal effect of aqueous and ethanolic extracts of fruits pulp of Terminalia bellirica in rats. International Journal Drug Development and Research. 2010;2(4):769-779.
23. Latha RCR, Daisy P. Influence of Terminalia bellirica Roxb. fruit extract on biochemical parameters in streptozotocin diabetic rats. International Journal Pharmacology. 2010;6:89-96.
24. Alam MB, Zahan R, Hasan M, et al, Antioxidant, antimicrobial and toxicity studies of the different fractions of fruits of Terminalia bellirica Roxb. Global Journal Pharmacology. 2011;5(1): 07-17.
25. Jawanjal H, Rajput M, Agrawal P, Pharmacological evaluation of fruits of Terminalia belirica Roxb. for antiulcer activity. Journal Complement Integrated Medicine. 2012;9(1):9. DOI: 10.1515/1553-3840.1556.
26. Sharma US, Singh A, Sutar N, et al, Screening of Terminalia bellirica fruits extracts for its analgesic and antipyretic activities. Jordan Journal Biological Science. 2012;3(3):121-124.
27. Das MS, Devi G. In vitro cytotoxicity and glucose uptake activity of fruits of Terminalia bellirica in Vero, L-6 and 3T3 cell lines. Journal Applied Pharmaceutical Science. 2015;5(12):92-95.
28. Kadian R, Parle M. Evaluation of Terminalia bellirica for its antipsychotic potential. International Journal Pharmaceutical Science and Research. 2015;30(1):247-252.
29. Meena AK, Yadav A, Singh U, et al, Evaluation of physicochemical parameters on the fruit of Terminalia bellirica Roxb. International Journal Pharmacy and Pharmaceutical Science. 2010; 2:96-98.
30. Devi NP, Kaleeswari P, Poonkothai M. Antimicrobial activity and phytochemical analysis of fruit extracts of Terminalia bellirica. International Journal Pharmaceutical Science. 2014;6(5):639-642.
31. Abraham A, Lizzy M, Samuel S. Pharmacognostic studies of the fruits of Terminalia bellirica (Gaertn.) Roxb. Journal Pharmacognosy and Phytochemistry. 2014;3(2):45-52.
32. Row LR, Murty PS. Chemical examination of Terminalia bellirica Roxb. Indian Journal Chemistry. 1970;8:1047-1048.
33. Nandy AK, Podder G, Sahu NP. Triterpenoids and their glucosides from Terminalia bellirica. Phytochemistry. 1989; 28:2769-2772.
34. Valsaraj R, Pushpangadan P, Smitt UW, et al, New anti-HIV-1, antimalarial and antifungal compounds from Terminalia bellirica. Journal Natural Product. 1997;60 (7):739–742.
35. Kumudhavalli MV, Vyas M, Jayakar B. Phytochemical and pharmacological evaluation of the plant fruit of Terminalia bellirica Roxb, International Journal Pharmaceutical Life Science. 2010;1(1): 1-11.
36. Kasabri V, Flatt PR, Abdel-Wahab YHA. Terminalia bellirica stimulates the secretion and action of insulin and inhibits starch digestion and protein glycation in vitro.

- Brazilian Journal of Nutrition. 2010;103: 212-217.
37. Pfundstein B, El Desouky SK, Hull WE, et al, Polyphenolic compounds in the fruits of egyptian medicinal plants (*Terminalia bellirica*. *Terminalia chebula* and *Terminalia horrida*): Characterization. quantitation and determination of antioxidant capacities. *Phytochemistry*. 2010;71:1132–1148.
38. Chandran U, Mehendale N, Patil S, et al., Network Pharmacology. In: Patwardhan B and Chaguturu R (ed) Innovative Approaches in Drug Discovery Ethnopharmacology, System biology and Holistic Targeting, Academic Press; 2017. Available:<https://doi.org/10.1016/C2014-0-00134-7>
39. Sobeh M, Mahmoud MF, Hasan RA, et al, Chemical composition. Antioxidant and hepatoprotective activities of methanol extracts from leaves of *Terminalia bellirica* and *Terminalia sericea* (Combretaceae). *Peer J*. 2019;7: e6322 DOI 10.7717/peerj.6322
40. List PH, Horhammer L. Hager's handbuch derpharmazeutischen praxis. Vols 2-6 Springer-Verlag, Berlin; 1969.
41. Ali M, Chemical examination of fruits of *Terminalia belerica* Roxb. *Oriental Journal Chemistry*. 1992;8(3):1-8.
42. Ali M, Bhutani KK. Occurrence of hexahydroxy diphenic acid esters in *Terminalia bellirica*. *Oriental Journal Chemistry*. 1991;83:255-256.
43. Yang CJ, Wang CS, Hung JY, et al, Pyrogallol induces G2-M arrest in human lung cancer cells and inhibits tumor growth in an animal model. *Lung Cancer*. 2009; 66:162–168.
44. Teoh YP, Mashitah MD, Ujang S. Media selection for mycelia growth. antifungal activity against wood degrading fungi. and GC-MS study by *Pycnoporus sanguineus*. *Bioresources*. 2011;6: 2719-2731.
45. Cechovska L, Cejpek K, Konecny M, et al, On the role of 2,3-dihydro-3,5-dihydroxy-6-methyl-(4H)-pyran-4-one in antioxidant capacity of prunes. *Eurasian Food Research Technology*. 2011;233: 367—376
46. Yu X, Zhao M, Liu F, et al, Identification of 2,3-dihydro-3,5-dihydroxy-6-methyl-4H-pyran-4-one as a strong antioxidant in glucose–histidine Maillard reaction products. *Food Research International*. 2013;51:397-403.

© Copyright (2024): Author(s). The licensee is the journal publisher. This is an Open Access article distributed under the terms of the Creative Commons Attribution License (<http://creativecommons.org/licenses/by/4.0>), which permits unrestricted use, distribution, and reproduction in any medium, provided the original work is properly cited.

Peer-review history:

The peer review history for this paper can be accessed here:
<https://www.sdiarticle5.com/review-history/115408>